

DOS AND DON'T'S

Welcome to the Bengal Forest Trails... You are in unfamiliar territory and to carry back good memories and avoid unnecessary accidents, it is essential to respect nature and recognise our limitations...

Dos on a Trek

We do not expect unauthorized hikers... always carry permit from Forest Department.

This is wilderness trail... wear proper clothes and shoes befitting the occasion.

Carry only dry food, sufficient potable water and insect repellents.

Keep helpline numbers (police/forest/medical) ready on your mobile.

Do not expect a pharmacy on trek routes... carry a first aid kit and essential medicines.

Carry raincoat, umbrella, battery torch and a stick/lathi. You cannot out-guess nature.

Carry garbage bag and put all garbage in it for disposal at the end of the trek. Nature does not expect unwanted contributions from you.

Always move in groups ... neither get left behind nor leave your colleagues behind.

Respect local cultural, religious and social customs and norms... you are the outsider here.

Return to base camp by 4.30... jungles can be quite confusing at night & wildlife will not provide directions.

Don'ts on a trek

Do not leave plastic or non-degradable material behind... they do not agree with the natural surroundings.

Don't Trek or Hike alone... you should always take a guide along.

Don't pollute water, air or soil ... don't leave anything behind except foot prints.

Do not smoke, drink alcohol or litter during the trek. The natural air is more intoxicating.

Don't create noise or use speakers during the trek. Enjoy the sounds of the forest.

Don't light fires en-route .. or throw inflammables ... forests are the repository of carbon.

Don't collect any vegetation or poach (kill/capture/injure) any wild fauna.... Take back only memories and photographs.

Don't deviate from the designated route.

Don't undertake graffiti on any natural or man-made property; nature does not expect artistic contributions from you.

Forests have enough wild life... do not take your pets along,



Introduction

Joypur forest, consisting predominantly of sal along with pial, mahua, bahera, kend, simul, segun and palas species is a part of the eastern Chotonagpur Plateau. The villages dotting the fringes of the forest offer a captivating glimpse of a rural culture enriched by sacred groves and village deities.



Hiking

Joypur to Lal Bandh (13.6 KM): The trail starts from Joypur watch tower. The route not only presents excellent possibilities of sighting birds, butterflies and other animals but as indicated above also allows the visitors to experience the rich cultural traditions of rural Bengal. In form of their housing pattern, cultivation and grain storage, worship in Sacred Groves etc. The hike ends near Lalbandh.



Best Time to Visit

The best time to visit Joypur is during the winter months of October to February. The temperature remains comfortable. Winters are cold and dry here. During this time maximums do not rise above 30°C with a minimum of 8°C.



How to Reach

Joypur is well connected to other major cities of the state via regular trains. The nearest railway station is Gokulnagar Joypur. Joypur is about 110 kms from Kolkata by road. There are many buses plying between Esplande in Kolkata to Joypur Forest and the journey takes about 3.5 to 4 hours.

Emergency Contacts

RO Joypur	: 8617583106
IC Joypur PS	: 03244-249221
Joypur Hospital	: 03244-249226

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JOYPUR TO LAL BANDH NATURE TRAIL

Bankura District

Bengal Nature Trails



Department of Forests
Government of West Bengal