

DOS AND DON'T'S

Welcome to the Bengal Forest Trails... You are in unfamiliar territory and to carry back good memories and avoid unnecessary accidents, it is essential to respect nature and recognise our limitations...

Dos on a Trek

We do not expect unauthorized hikers... always carry permit from Forest Department.

This is wilderness trail... wear proper clothes and shoes befitting the occasion.

Carry only dry food, sufficient potable water and insect repellents.

Keep helpline numbers (police/forest/medical) ready on your mobile.

Do not expect a pharmacy on trek routes... carry a first aid kit and essential medicines.

Carry raincoat, umbrella, battery torch and a stick/lathi. You cannot out-guess nature.

Carry garbage bag and put all garbage in it for disposal at the end of the trek. Nature does not expect unwanted contributions from you.

Always move in groups... neither get left behind nor leave your colleagues behind.

Respect local cultural, religious and social customs and norms... you are the outsider here.

Return to base camp by 4.30... jungles can be quite confusing at night & wildlife will not provide directions.

Don'ts on a trek

Do not leave plastic or non-degradable material behind... they do not agree with the natural surroundings.

Don't Trek or Hike alone... you should always take a guide along.

Don't pollute water, air or soil... don't leave anything behind except foot prints.

Do not smoke, drink alcohol or litter during the trek. The natural air is more intoxicating.

Don't create noise or use speakers during the trek. Enjoy the sounds of the forest.

Don't light fires en-route.. or throw inflammables... forests are the repository of carbon.

Don't collect any vegetation or poach (kill/capture/injure) any wild fauna.... Take back only memories and photographs.

Don't deviate from the designated route.

Don't undertake graffiti on any natural or man-made property; nature does not expect artistic contributions from you.

Forests have enough wild life... do not take your pets along,



Introduction

Susunia is a small village at the foot of Susunia hill located in Bankura district in the eastern part of the Chotanagpur plateau. The 440 meters high hill, predating the Himalayas, is a curious collection of boulders of myriad sizes and large stones called 'Poppins Peak'. It is located around 30km from Bankura.



The Trail

Water Dhara to Susunia Pahar Hill Top (4kms up & down): The trail starts at the plain base of the hill but climbs steadily uphill to reach a height of 439.5mts. The path is rocky and slippery in places. The trek traverses through beautiful sal forests and rocky terrain. Various inscriptions of the 4th century of archeological importance are visible en-route. There are some beautiful viewing points from where one can enjoy the beauty of the surrounding landscape.



Best Time to Visit

The best time to visit Bankura is during the winter months from October to February. The temperatures remain at a very comfortable level and rain is minimal during winter. Winters are cold and dry here. During this time the maximum temperature does not rise above 30°C while the minimum stays in the range of 12 to 15°C.



How to Reach

No direct buses are available from Kolkata to Susunia. Regular buses ply from Durgapur, Kharagpur and Bankura to Susunia. One may take the train from Howrah to Chhatna Station from where the hills are only 10 kms away; private vehicles are available for hire to reach Susunia.

Emergency Contacts

Forest Beat Office, Susunia	: 9083254758
Susunia Gram Panchayat	: 9775515115
Chatna Police Station	: 03242277222
Chatna Hospital	: 03242277512
BDO Chatna	: 03242277233

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JALDHARA TO SUSHUNIA

Bankura District

Bengal Nature Trails

Department of Forests
Government of West Bengal